



# YOUTH MENTAL HEALTH FIRST AID®



**YOU COULD BE THE HELP A YOUNG PERSON NEEDS.**

Learn how to help a young person who is developing a mental health problem or experiencing a mental health crisis.

**Dates:** \*Sign up for ONE date only.\* \*This training is **FREE**.\*

Wednesday, January 25, 2017 at Char-Em ISD/Charlevoix  
Saturday, February 25, 2017 at Petoskey High School/Media Center  
Wednesday, March 15, 2017 at Char-Em ISD/Charlevoix  
Wednesday, May 24, 2017 at Char-Em ISD/Charlevoix

*Additional dates may be scheduled. Visit [www.charemisd.org](http://www.charemisd.org) for date and location details.*

**Time:** 8:00am-4:30pm (coffee and lunch provided)

**Register:** [www.charemisd.org](http://www.charemisd.org) → Click on Professional Development and select online registration

**Contact:** For more information, contact Tiffany Moore-Corteville at 231-347-5891  
or [t.moore-corteville@nwhealth.org](mailto:t.moore-corteville@nwhealth.org)

**Continuing Education Credits:** Youth Mental Health First Aid offers CEUs for teachers, social workers and nurses

Anyone 18 or older can be trained in Youth Mental Health First Aid, but it is recommended for those who regularly have contact with young people ages 12-18, such as

**Parents, Teachers, Social Workers, Nurses, Coaches, Faith Leaders, Law Enforcement, Medical Staff and caring citizens.**

Take a course. Save a life. **STRENGTHEN YOUR COMMUNITY.**

