



# YOUTH MENTAL HEALTH FIRST AID®



YOU COULD BE THE HELP A YOUNG PERSON NEEDS.

Learn how to help a young person who is developing a mental health problem or experiencing a mental health crisis.

*\*This training is **FREE.**\**

<b>Single Day:</b>	Thursday, February 15, 2018	Time: 8:00am-4:30pm ( <i>coffee and lunch provided</i> )
	Tuesday, April 17, 2018	Location: Char-Em ISD/Charlevoix
	Wednesday, June 6, 2018	08568 Mercer Blvd, Charlevoix, MI 49720
<i>*Register for one single day only*</i>		
<b>Two-Day:</b>	January 24 AND January 31, 2018	Time: 4:00pm-8:00pm
	<i>*MUST register for BOTH days*</i>	Location: Petoskey High School, Media Center 1500 Hill Street, Petoskey, MI 49770
<b>Register:</b>	<a href="http://www.charemisd.org">www.charemisd.org</a> → Click on Professional Development, online registration, then create a registrant profile	
<b>Contact:</b>	For more information, contact Tiffany Moore-Corteville at 231-347-5891 or <a href="mailto:t.moore-corteville@nwhealth.org">t.moore-corteville@nwhealth.org</a>	
<b>Continuing Education Credits:</b>	<i>Youth Mental Health First Aid offers CEUs for teachers, social workers and nurses</i>	

*Additional dates may be scheduled; see [www.charemisd.org](http://www.charemisd.org) for potential new dates.*

Youth Mental Health First Aid is recommended for those who regularly have contact with young people ages 12-18, such as

**Parents, Teachers, Social Workers, Nurses, Coaches, Faith Leaders, Law Enforcement, Medical Staff and caring citizens.**

Take a course. Save a life. **STRENGTHEN YOUR COMMUNITY.**

