

RAMBLER WELLNESS

A School-Based Health Services Program in Boyne City
Physical Health, Mental Health, and Wellness Education Services for students in grades K-8

Physical Health Care Services

- Nursing assessment
- Care for minor injuries and acute illness, such as strep throat, rash, and ear infections (Diagnosis and prescriptions provided through telehealth with off-site primary care provider.)
- Treatment of mild discomfort due to headache, menstrual cramps, etc.
- Monitoring of blood pressure, height, weight, BMI
- Chronic disease management in partnership with health care provider
- Referral for primary care and specialty health services
- Health assessments and risk reduction
- Assessment of immunization records and immunization clinics
- Consultation with a primary care provider through the use of telehealth services

Mental Health Services with a Licensed Therapist

- Individual counseling
- Group counseling sessions
- Family therapy
- Case management or referral for other mental health services

Wellness Education Services

- Individual health education
- Classroom presentations
- Small group presentations
- Faculty and staff professional development and training

Health Insurance Assistance

The Rambler Wellness Program can help students and their families enroll in Medicaid/Healthy Kids or MICHild. MICHild is a health insurance program for uninsured children ages 0- 19 at a price you can afford (Blue Cross coverage for all children in a family for \$10/month). Healthy Kids is free health care coverage for pregnant women, babies, and children under age 19.

Note: the Rambler Wellness Program cannot provide family planning drugs or devices or provide abortion counseling or referrals in accordance with laws in the State of Michigan.

Meet the Rambler Wellness Program Staff:



**Sue McCloskey, RN, BSN
School Nurse**

Ms. McCloskey provides physical health services and wellness education services.



**Jessica Kempke, MA, LPC, NCC
Mental Health Counselor**

Ms. Kempke is available for individual, family, and group mental health counseling.



**Joshua Meyerson, MD, MPH
Medical Director**

Dr. Meyerson is a pediatrician and Medical Director at the Health Department. He oversees activities at the Rambler Wellness Program.

The Rambler Wellness Program is located in the **Boyne City Elementary and Middle School.**

If you have any questions or would like to speak with a staff member, call us today at **(231) 439-8253**

A Note on Parental Consent

Parents/Guardians are very important to us! Parents/guardians must provide consent for their minor children for services at the Rambler Wellness Program by signing a Parent/Guardian Consent Form.



The Health Department of Northwest Michigan is the sponsoring and fiduciary agency for the Rambler Wellness Program. The Rambler Wellness Program is a collaboration with Boyne City Public Schools, with major funding from the Michigan Department of Health and Human Services and the Michigan Department of Education.