

Breastfeeding Support Services



Breastfeeding is the healthy choice for both mom and baby. We are here to help you get off to a good start with information to ease you both into knowing what to do!

We can help

We offer:

- Normal infant feeding patterns and what to expect
- Latch and positioning
- Breastfeeding challenges
- Navigating return to work or school
- Phone support
- Clinic appointments
- Home visit appointments
- Prenatal educational classes

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Did You Know?



85% of mothers want to breastfeed



81% initiate breastfeeding

Only 30% of mothers reach their breastfeeding goals without support. We are here to help you reach yours!

1-800-432-4121
nwhealth.org

HEALTHY FOOD,
HEALTHY KID,
HAPPY MOM.



THE LATCH
IS KEY.
WE CAN HELP.



YOU GOT THIS.
AND WE'RE HERE
WHEN YOU DON'T.



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Washington, D.C. 20250-9410;
- (2) Fax: (202) 690-7442; or
- (3) Email: program.intake@usda.gov.

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