



Andrew and Neeko, Otsego County

## Healthy Families Northern Michigan...

is a voluntary, home visiting program to support you on your family's journey by building a secure relationship with your child, discussing developmental milestones, and promoting activities and play.



Erin, Roscommon county

## How Does Healthy Families Northern Michigan Work?

HFNM home visitors may begin seeing you when you are pregnant and can continue visits until your child is four years of age.



Sage and Athena, Antrim County

If you are interested in more information or would like to be a part of this program, fill out the information below and send it to your local health department.

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Parent Name: \_\_\_\_\_

Parent DOB: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Address including County:

\_\_\_\_\_  
\_\_\_\_\_

Phone Number: \_\_\_\_\_

Due Date or Child DOB: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

First Prenatal Visit: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Please Circle Yes or No for each statement:

Unmarried, separated, divorced, widowed:

Yes No

Late (started after the 12th week of pregnancy) or no prenatal care, multiple missed appointments:

Yes No

Family financial concerns including (cash assistance, Medicaid)

Yes No

Yes! I would like an HFNM home visitor to contact me.

Yes! If I don't answer, it is OK to leave a message.

Yes! It is OK to send me a text message.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

## See what our families are saying!

*I love having a support person in my corner. Having my home visitor there and available keeps me from feeling I am doing this alone. My family loves and believes in this program. ~ Iosco County*

*Becoming a new mom, I was worried that I wouldn't know certain steps to raise my child. Healthy Families program helped me with those steps and helped my child grow. ~ Emmet County*

*Sometimes it's nice to hear that you're doing good and that I should be proud of myself. ~ Ogemaw County*

*I think it [the program] makes us closer, because it gives me time to stop and focus on one on one time with just her [my child]. ~ Charlevoix County*

*I really like that the program is in the house. I enjoy the activities and watching him [my child] learn new things. ~ Oscoda County*

*You [HFNM Home Visitor] were there for us in the hard, frustrating times and celebrated with us through all of our achievements. You were the one constant voice always cheering me on even when I felt that I was failing. ~ Roscommon County*



District Health Department No. 2  
www.dhd2.org



Central Michigan District Health Department  
Promoting Healthy Families, Healthy Communities

For **Emmet, Charlevoix, Antrim, or Otsego** counties, send your information to:  
Health Department of Northwest Michigan  
Attn: Healthy Families Northern Michigan  
3434 M-119 Ste. A  
Harbor Springs, MI 49740

For **Roscommon** county, send your information to:  
Central Michigan District Health Department  
Attn: Healthy Families Northern Michigan  
200 Grand Ave. Ste. A  
Prudenville, MI 49651

For **Iosco, Oscoda, or Ogemaw** counties, send your information to:  
District Health Department #2  
Attn: Healthy Families Northern Michigan  
630 Progress St.  
West Branch, MI 48661



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# Healthy Families Northern Michigan



Randii and Harlem, Charlevoix County

*Supporting families with children, prenatally until age four.*