

AGE 18

Beginning at age 18, an individual is assumed to be financially independent and eligible for disability benefits. Disability benefits will be determined based on the individual's assets rather than on those of his or her parents.

What Should I Do?

The move to adult care may not happen until age 18, 21, or even older. It is very important to plan ahead.

- Contact SSA (Social Security Administration) to obtain disability eligibility information. SSI may provide monthly income and medical insurance. Call 1-800-772-1213 for more information.
- Identify the college you plan to attend and arrange accommodations through disabled student services if needed. If currently in special education, be sure a transition IEP has been developed with plans for health care.
- Investigate services provided by Michigan Rehabilitation Services if you plan to enter the workforce. Michigan Rehabilitation Services can provide assistance with disability assessments, vocational evaluations, counseling, and job placement services. Call 1-800- 605-6722, or, www.socialsecurity.gov for more information.
- Begin to investigate health insurance options.



Beginning at age 18, a person is considered to be financially independent. Changes within Children's Special Health Care Services (CSHCS) include:

- CSHCS financial assessment is completed with the participant's income. The participant must sign a *Release of Medical Information* form, unless he/she has a guardian.
- The participant must sign the CSHCS application, unless he/she has a guardian.
- The participant must sign a *Health Information Release* to give parents the opportunity to continue to assist with health care and transition.
- Many individuals with special needs are capable of assuming their rights and responsibilities as adults. Young people with significantly impaired mental function may benefit from some form of guardianship. Guardianship can provide for an individual's safety and well being. For assistance in establishing guardianship, contact your local Community Mental Health.



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AGE 21

Medical transition is “the purposeful, planned movement of adolescents and young adults with physical and medical conditions from a child-centered to an adult oriented health system.”



Medical Transition is the time when teens move from pediatric services to adult services. This may mean seeing new health care providers. This may happen at 21 or younger. For those with

CSHCS, coverage will end at age 21. For individuals continuing with Medicaid coverage, Medicaid may require recipients to enroll in a Medicaid Health Plan after CSHCS coverage ends. The following process will occur:

- Michigan Enrolls will contact the individual by sending out an enrollment package and request he/she choose a health plan.
- An individual should call Michigan Enrolls to find out what health plan their doctor(s) belongs to.
- If the individual does not choose a Medicaid Health Plan, Michigan Enrolls will choose one for them.
- The local CSHCS office may be able to assist you with this process.
- If the individual is not eligible for Medicaid, investigate ways to maintain private health insurance. If he/she is a dependant adult or a student, student health plans or Medicaid Spend Down may be options.



Resources

CSHCS Family Phone Line:

(800) 359-3722

Monday-Friday

8 am - 5 pm

www.michigan.gov/cshcs



1-800-432-4121

or

www.nwhealth.org

- Reproductive Health
- HIV Counseling and Testing
- Maternal and Infant Health Program
- Newborn Home Visit
- Northern Dental Plan
- Dental Clinics North
- Home Health Care
- Immunizations
- WIC

Additional Resources

Community Mental Health

1-800-834-3393

www.michigan.gov

Emergency Mental Health 1-800-442-7315

Local Intermediate School Districts

Traverse Bay Area

231-258-5088

Cheboygan-Otsego-Presque Isle

231-238-9394

Charlevoix-Emmet

231-547-9947

www.charemisd.org



Department of Human Services

Antrim 231-533-8664

Charlevoix/Emmet 231-348-1600

Otsego 989-732-1702

Michigan Protection and Advocacy

1-800-288-5923

Social Security Administration

1-800-772-1213

www.socialsecurity.gov

Third Level Crisis Center Legal Aid

1-800-442-7315



Children's Special Health Care Services Guide to Transition Services



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