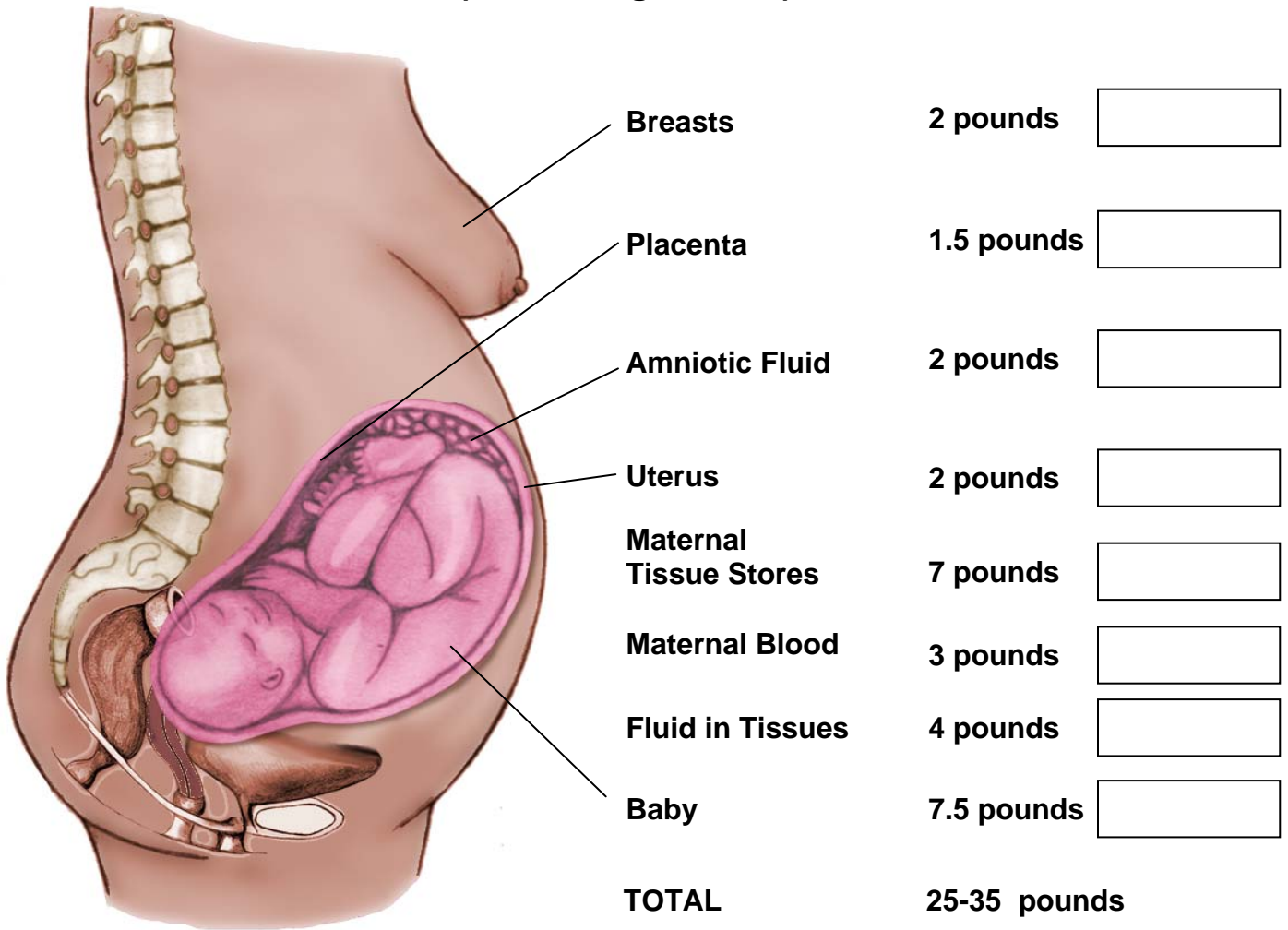


Average Weight Gain During Normal Pregnancy (40 weeks gestation)



Your Weight Gain Recommendation _____

