



May 6, 2021

Dear Community Partner/Employer/Business Owner,

On April 9, MDHHS revised its quarantine guidance for close contacts. You can determine when your employees are safely able to return to work by the following guidance:

When to end quarantine:

While the standard 14 day quarantine period remains best practice, quarantine can be reduced to 10 days if the following two conditions exist:

- The individual does not develop any symptoms or clinical evidence of COVID-19 infection during daily symptom monitoring for the 10 days after the last exposure; and
- Daily symptom monitoring continues through day 14 after the last exposure
- For explanations of several scenarios with illustrations of how to calculate the days, see <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

Updated quarantine recommendations for vaccinated persons:

- Vaccinated persons with an exposure to someone with suspected or confirmed COVID-19 are not required to quarantine if they meet all of the following criteria:
 - Are fully vaccinated (i.e. ≥ 2 weeks following receipt of the second dose in a 2-dose series, or ≥ 2 weeks following receipt of one dose of a single-dose vaccine)
 - Have remained asymptomatic since the current COVID-19 exposure.
 - As an exception to the above guidance no longer requiring quarantine for fully vaccinated persons, vaccinated inpatients and residents in healthcare settings should continue to quarantine following an exposure to someone with suspected or confirmed COVID-19.
 - Vaccinated individuals with breakthrough disease may have milder symptoms but would still be contagious. They should still self-monitor for 14 days following exposure and if ANY (even mild) symptoms should get tested and isolate pending results.
 - Vaccinated persons should continue to follow current guidance to protect themselves and others, including wearing a mask, staying at least 6 feet away from others, avoiding crowds, avoiding poorly ventilated spaces, covering coughs and sneezes, washing hands often, following CDC travel guidance, and following any applicable workplace or school guidance.

When to end isolation:

- An employee who tests positive for COVID-19 or displays the principal symptoms of COVID-19 shall not report to work until all of the following conditions are met:
 - If the employee has a fever, 24 hours have passed since the fever has stopped without the use of fever reducing medications.
 - Symptoms are improving
 - 10 days have passed since the following:
 - If symptomatic, the date the employee's symptoms first appeared.
 - OR**
 - If asymptomatic, the date the employee received the test that yielded a positive result for COVID-19.
 - If symptoms develop after test date, then follow the guidance above for "If symptomatic..."

It is very important to remember that the best way to reduce risk of further spread is to continue with a 10-day quarantine. Employers shall not discharge, discipline, or otherwise retaliate against an employee who complies with the above COVID-19 exposure guidance, displays symptoms of COVID-19 and does not report to work but later tests positive, opposes violations to the Public Act No. 238, or reports health violations related to COVID-19.

Employers must comply with guidance detailed in the [Michigan Public Acts of 2020, Act No. 238](#). We apologize for any inconvenience this may cause you. Contact us by calling 1-800-432-4121 with any questions.

Sincerely,

A handwritten signature in black ink that reads "Joshua Meyerson". The signature is written in a cursive, slightly slanted style.

Dr. Joshua Meyerson, MD, MPH
Medical Director

A handwritten signature in black ink that reads "Lisa Peacock". The signature is written in a cursive, slightly slanted style.

Lisa Peacock, MSN, RN, WHNP-BC
Health Officer

