

# GAYLORD BLUE DEVIL WELLNESS CENTER



A School-Based Child & Adolescent Health Center in Gaylord  
Physical & Mental Health Services for youth ages 10 through 21 (and their small children)



## Integrated Health Care

*"whole body health and wellness"*



*Behavioral Health Therapists work with the Nurse Practitioner and the family to develop a targeted care plan, and are available for follow-up visits with the child/family to address the plan, monitor the child's progress, and coordinate care with other providers.*

*Did you know...  
that children and adolescents with undetected physical and behavioral health needs are more likely to become adults with more extensive and costly physical and*

**Integrated Health Care** is a method for providing the most comprehensive health care for children and adolescents by providing for their physical, developmental, and behavioral health needs from one access point



*Did you know...  
That up to 70% of Primary Care visits with your doctor are for issues related to parental concerns, such as childhood stress, behavior*

989-732-6890

**Insurances will be billed for services, but there are no costs or fees to clients and their families, including copays.**



The Health Department of Northwest Michigan is the sponsoring and fiduciary agency for the Gaylord Blue Devil Wellness Center (GBDWC). The GBDWC is a collaboration with Gaylord Public Schools, with major funding from the Michigan Department of Health and Human Services and the Michigan Department of Education.

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Top-notch health care services based on youths' ability to pay. Any charge is based on the youths' annual income, which means there may be no charge or a minimal fee. No one is denied services due to an inability to pay. We bill health insurance policies—Medicaid, MI-Child, Healthy Kids, or private insurance like Blue Cross & Blue Shield of Michigan—if youth have coverage. We also assist uninsured families with MICHild and Healthy Kids applications.

for anyone age 10 to 21--and their children

We offer health care and prevention services to youth in Gaylord and surrounding communities. We also offer information for parents and guardians on nearly any topic they need to parent a teenager in the 21st century. All information is based on research and best practices. Call us or stop by.

conveniently located in the Gaylord High School with appointments year round

We're available for appointments year round when youth need us most. We offer appointments in the morning, during school lunch periods, and after school. Same-day appointments may be available during clinic hours. Call the Gaylord Blue Devil Wellness Center at (989) 732-6890 to schedule an appointment.

## Hours of Operation

### Front Desk & Scheduling

Monday – Friday 7:30 am – 4:00 pm

### Clinic Hours

Monday—Thursday 7:30 am – 4:00 pm

Friday 7:30 am - 12 pm

**Closed daily 12:45 pm - 1:15 pm for lunch**

# 989-732-6890



## Physical Health and Mental Health Services include:

- Education and referrals to establish a primary care provider
- Individual, family and group counseling with a licensed Therapist
- Health assessments and risk reduction
- Treatment for illness, including prescriptions
- Treatment for injuries
- Chronic disease management in partnership with health care provider
- Physical exams for school, sports and camp
- Basic laboratory services and tests
- Referral for specialty health services
- Immunizations
- Vision/hearing screening
- Sexually transmitted infection (STI) prevention, screening and treatment
- Education and resources to better understand the health care system

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