

What is a Parent Support Partner?

A Parent Support Partner is the parent of a child with emotional, behavioral, or other behavioral health challenges. The Parent Support Partner has overcome challenges and obstacles to provide his/her own child with a positive, supportive environment and is therefore uniquely equipped to help other parents in similar situations.



"My Parent Support Partner was very helpful with parenting ideas and connecting us with other community resources."

Common reasons families choose the Parent Support Partner Program:

- More—and more serious—tantrums than typical kids their age.
- Parents are exhausted, frustrated, and unsure how to respond to behaviors.
- Their child has been kicked out of preschool or excluded from play dates.
- Behaviors may be disrupting family life and putting serious strain on other family members
- Conflict over behavior may be creating negative relationships with parents



"It was really helpful to have someone to talk to about what is normal for a kid to be doing at his age."

Your Parent Support Partner may:

- Listen to your story.
- Help you identify and access services for your family.
- Accompany you to meetings at school, with doctors, or other meetings you're concerned about.
- Help you to effectively communicate with the agencies in your life to help obtain the services you need for you and your family.





“My Parent Support Partner gave me great information and activities to try to help with his behaviors.”

When parents support other parents, families...

- feel less isolated
- feel more confident in their ability to care for themselves and their families
- feel less self-doubt
- find that coping skills grow, increasing their ability to adapt and manage their day
- can find answers to their own questions



FREE Parent Support is available to parents of children birth through kindergarten in Charlevoix, Emmet and northern Antrim counties

1-800-432-4121
(toll free)

FREY FOUNDATION



ECBHI-20; 1/16



Parent Support
Partner Program



1-800-432-4121

A FREE program to support parents of children with behavioral health challenges in Charlevoix, Emmet, and Northern Antrim counties

**Early Childhood
Behavioral Health
Initiative**