



MEDIA CONTACT:
Laurel Johnson, PIO
O: 231-347-5628
l.johnson@nwhealth.org
www.nwhealth.org

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Health Department of Northwest Michigan COVID-19 Update

The Health Department of Northwest Michigan is reporting three new cases today with a primary residence in Antrim (1), Emmet (1) and Otsego (1) counties.

As a reminder, some frequently used terms you may see us using are:

- **Quarantine:** The practice of keeping someone who might have been exposed to COVID-19 away from others.
- **Isolation:** The practice of separating people infected with the virus (those who are sick with COVID-19 and those with no symptoms) from people who are not infected. People who are in isolation (usually for 10 days) must stay home until it's safe for them to be around others.
- **Self-monitor:** The practice of checking for and recording any symptoms of COVID-19 for those who had a low risk exposure. Symptoms include fever, cough, shortness of breath but also may include other symptoms such as fatigue, loss of taste and smell, and diarrhea.
- **Recovered:** A person is considered recovered 30 days after symptom onset (or test date, if asymptomatic) regardless of the presence of continued symptoms or health complications related to COVID-19.

"We know that there are some asymptomatic cases of COVID-19 that are never identified and that is why it is important to take precautions every time we are out in public," shared, Dr. Meyerson, Medical Director. "No one wants to be responsible for even inadvertently spreading disease to those around us. Using masks is an easy, inexpensive, and effective way we accomplish the goal of staying safe to stay open."

As of 4:00pm, the Health Department of Northwest Michigan is reporting:

- Positive COVID-19 cases in the following counties: Antrim – 31, Charlevoix – 37, Emmet – 47, Otsego – 111
- Recovered COVID-19 cases in the following counties: Antrim – 18, Charlevoix – 21, Emmet – 22, Otsego – 93
- Confirmed COVID-19 deaths in the following counties: Charlevoix – 2, Emmet – 2, Otsego – 10.

The State of Michigan has reported 78,507 cases and 6,154 deaths; and as of July 24th, cumulative recovered cases: 57,502.

Stay up to date on the latest information in the Health Department jurisdiction by [liking and following our Facebook page](#) and visiting our [COVID-19 Data Dashboard](#). To locate a testing facility, visit the [Michigan COVID-19 Test Finder website](#).

The Health Department of Northwest Michigan is mandated by the Michigan Public Health Code to promote wellness, prevent disease, provide quality healthcare, address health problems of vulnerable populations, and protect the environment for the residents and visitors of Antrim, Charlevoix, Emmet, and Otsego counties. For more information, visit nwhealth.org.

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