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## **Health Department of Northwest Michigan COVID-19 Update**

The Health Department of Northwest Michigan wants to remind residents that in this preliminary phase of re-opening it is still important for any individual with mild symptoms of COVID-19 contact their doctor to get tested. Individuals who are reporting to work in-person, with or without symptoms, can also get tested. If you are unable to speak to a doctor for any reason, please call 1-800-432-4121 for assistance.

“As we visit public settings again, we must remain vigilant as COVID-19 remains present in our communities. We are happy to see businesses re-open their doors and take the extra steps necessary to protect their employees and customers,” shared Josh Meyerson, Medical Director. “The actions of our community members now will determine how ready we are to continue phasing back in additional industries. We are hopeful that our communities take this time to prove that we can continue moving forward with caution.”

While enjoying the re-opening of some local businesses during the holiday weekend and moving forward, everyone should continue taking all necessary precautions to protect themselves and reduce the spread of COVID-19. Keep in mind the follow tips for *safer* gatherings:

1. Keep it small. Gatherings of up to 10 people are permitted.
2. Meet outside.
3. Stay at least 6-ft apart.
4. Wash or sanitize hands often.
5. Wear masks if possible.
6. Do not share food, drinks, or other items. Have everyone bring their own snacks or serve food with single-use serving utensils.

As of 4:00pm, the Health Department of Northwest Michigan is reporting:

- Positive COVID-19 cases in the following counties: Antrim – 11, Charlevoix – 14, Emmet – 21, Otsego – 100
- Recovered COVID-19 cases in the following counties: Antrim – 9, Charlevoix – 12, Emmet – 19, Otsego – 78
- Confirmed COVID-19 deaths in the following counties: Charlevoix – 1, Emmet – 2, Otsego – 10.

The State of Michigan has reported 53,913 cases and 5,158 deaths.

Stay up to date on the latest information in the Health Department jurisdiction by [liking and following our Facebook page](#) and visiting our [COVID-19 Data Dashboard](#). To locate a testing facility, visit the [Michigan COVID-19 Test Finder website](#).

*The Health Department of Northwest Michigan is mandated by the Michigan Public Health Code to promote wellness, prevent disease, provide quality healthcare, address health problems of vulnerable populations, and protect the environment for the residents and visitors of Antrim, Charlevoix, Emmet, and Otsego counties. For more information, visit [nwhealth.org](http://nwhealth.org).*

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