



FOR IMMEDIATE RELEASE
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HEALTH
DEPARTMENT
of Northwest Michigan

Be a Flu Fighter! Get vaccinated at a flu clinic near you

Be a flu fighter—make an appointment for a flu vaccination! By taking this small precaution, you will protect loved ones, stop the spread of disease, and maybe even save a life. The Health Department of Northwest Michigan is offering immunization clinics throughout the region to help local communities prepare for this flu season.

Dr. Joshua Meyerson, Medical Director for the Health Department of Northwest Michigan, urges everyone six (6) months of age and older to get vaccinated for the seasonal flu. “Influenza can be serious, and anyone can become sick with flu and experience serious complications,” said Meyerson. “Even if you bounce back quickly, others around you might not be so lucky. If you don’t get vaccinated, you could spread the virus to someone who is more vulnerable to flu. You could be spreading it without even knowing it, since not everyone who is infected gets symptoms. You don’t want to be the one spreading flu to those you care about.”

To make getting your flu shot easier, the Health Department is holding community clinics throughout the region during the month of October and into November. Children and adults can get any immunizations they need (except shingles) at these clinics, not just flu shots! Please call the Health Department at (800) 432-4121 to make an appointment to participate in any of the upcoming clinics. The community clinics are listed below. The Health Department will also host senior clinics at senior centers around the area. For a complete list of clinic times and locations, visit www.nwhealth.org.

- Charlevoix Elementary School, Oct. 3
- Elk Rapids Cherryland Middle School, Oct. 4
- North Central Michigan College, Oct. 5
- Hornet Health Center, Pellston, Oct 12
- St. Anthony’s, Mackinaw City, Oct. 16
- Petoskey Middle School, Oct. 18
- East Jordan Elementary School, Oct. 23
- Bellaire High School, Oct. 24
- Beaver Island School, Oct. 24
- Gaylord Intermediate School, Oct. 26
- Boyne City Middle School, Nov. 9

Can’t make it to one of the flu clinics? Don’t worry! Immunization clinics are held regularly at the Health Department offices in Bellaire, Mancelona, Charlevoix, Petoskey/Harbor Springs, and Gaylord, or you can get your flu shot at your doctor’s office. Employers can also invite a Health Department nurse to offer flu shots to their employees at work. Call (800) 432-4121 or go to www.nwhealth.org for more

information. You have the power to fight flu this season. Protect yourself and the ones you love with a flu vaccine.

The Health Department of Northwest Michigan is mandated by the Michigan Public Health Code to promote wellness, prevent disease, provide quality healthcare, address health problems of vulnerable populations, and protect the environment for the residents and visitors of Antrim, Charlevoix, Emmet, and Otsego counties.

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